

Overview of whole school activities 2024/2025

Health and Wellbeing

- Using the body continuously to move, bend stretch, reach and balance
- Chanting and singing
- Focus on breath work, pause and solitude
- Yoga.
- Learning to stay safe around water, fire, mud.
- Gardening tools safety.

Wellbeing games:

- Circle counting games
- Circle language games
- Shape hunting games
- Listening to the sounds of nature and identifying

Numeracy

- Implementing numbers, shape and counting throughout all aspects of Forest School
- Shape hunting in the natural world.
- Ordering sticks and leaves
- Creating and recognizing a pattern
- Sorting natural objects
- Counting games
- Measuring and size.
- Prediction
- Collecting a given number of items.

Expressive Arts

Music:

- Making musical instruments and performing
- Creating rhythms and exploring a variety of sounds
- Singing, chanting and tapping different sounds and rhythms.

Art:

- Exploring symmetry through art
- Drawing reflections
- Painting with a variety of natural paints and materials
- Cutting, gluing and construction
- Outlining shadows
- Using clay to make theatre faces and famous Welsh faces.

Drama:

- Performing a drama and improvisation.
- Mime

Tgch:

- Exploring photography in the natural world
- Using Apps such as: Merlin Bird ID and Seek.

Humanities

- Recognizing and respecting our local natural area and habitats.
- Mapping
- Coordinates
- Celebrating various religions through natural art
- Litter picking and understanding how it affects our land
- Celebrating Peace Mala
- The effects of water on land
- The effects of the weather on land

Science and technology

- Exploring temperatures and hibernation
- Planting, growing and harvesting - Food tasting
- Construction
- Woodwork and carpentry
- Mixing colours and liquids to make potions
- Weather prediction
- Building a small world
- Building a theatre and television, and making a book
- Designing and making puppets.

Literacy

- Word games.
- Learning new words about the natural world around us.
- Discussing and explaining what we are doing.
- Following and receiving instruction
- Delegating within a group activity
- Story time amongst the trees.